

RULES AND REGULATIONS,
SWIMMING COMPETITION

The swimming competitions will have three categories, A, B and C.

Category A: former professional swimmers, with a rating of 1 adult and higher

Category B: amateurs who train regularly

Category C: beginning swimmers who occasionally swim

The competitions will include the following distances:

50m freestyle, 50m breaststroke, 50m backstroke, 50m butterfly, 100m medley (25m for each stroke), and, if enough teams are available, relays among the listed strokes.

Results will be determined separately for men and women.